



Holy Communion

8:15 & 10:45 a.m.

10:45 a.m. live on YouTube

Welcome to Worship at Gloria Dei!

Welcome to worship at Gloria Dei. Wherever you are in your journey of faith, you are welcome here. Every Sunday, the body of Christ gathers in this sanctuary to hear God's word of unconditional grace, share a meal of mercy and forgiveness and is then sent into the world to follow Jesus with peace, compassion and justice. Thank you for joining our mission. Please let us know how we can assist you in being at home with us.

Announcements April 20, 2025

Welcome and Happy Easter! Thanks for joining us on this day of festive worship. Help yourself to a cup of coffee and conversation being served up in the Gathering Place before or after each service.

Confirmation Sunday. Confirmation will be celebrated at both services next Sunday. All are welcome to support and celebrate with our 18 tenth-graders in the Gathering Place between services. They will be displaying their Credo projects, which describe their faith in unique and interactive ways. This is a wonderful chance to meet the students, review their projects, and share your congratulations with them as they take this next step in their baptismal journey.

Spring Yard Cleaning. Join in with a hearty Gloria Dei crew for outdoors spring clean-up on Saturday, April 26, 9 a.m. to noon. Bring yourself, rake, clippers and yard bags. As the saying goes, many hands make for lighter work.

Spring Ministry Fair. Where can you fit in to the ministries of Gloria Dei? You'll have the chance to explore the possibilities on Sunday,

May 4, at 9:30 a.m. between services at the Spring Ministry Fair in the Gathering Place. The fair piggy-backs on May's First Sunday Coffee Party happening at the same time and place. Many of Gloria Dei's ministry groups are preparing materials to share on ways you can get involved. We'll gather to learn about and celebrate the variety of ways that we may choose to be active in faithful service both here at Gloria Dei and in and around our community. Come for the coffee and treats...and stay for the fair!

Upcoming Funerals:

Marge Struve, Monday, May 5, funeral at 11:00 a.m., visitation at 10:00 a.m., with a reception at noon.

Bob Riesett, Thursday, May 15, funeral at 1 p.m., visitation at noon.

Vivian Anderson, Wednesday, May 21, funeral at noon, visitation at 11 a.m.

Faith Formation

Buy Flowers; Support Youth. Beautiful 12-inch hanging baskets are available again this spring at Gloria Dei starting Sunday, May 4. Pre-order online at tinyurl.com/hxn297us or in the church office. There is also an option to pre-order mum plants for

our September sale. Hanging baskets are \$35 if pre-sold and \$40 if bought day of delivery. All flowers have been generously donated by a member with all proceeds supporting our Gloria Dei youth ministries. We are so thankful for all your support.

Wednesday Supper April 30. Suppers will resume when Confirmation classes meet again on April 30 featuring a menu of chicken gyros with hummus, tzatziki, lettuce, tomatoes, cucumbers and onions. Falafel will be the vegan option. Also served will be Greek quinoa salad with garbanzo beans, lemon juice and tomatoes. Meals are served 5:45-6:30 p.m. in Fellowship Hall. Suggested donation is \$5-10 per person. Pay whatever you can.

Church Closed Tomorrow. All regular Monday church activities will be canceled. Happy Easter, everyone. The Wednesday meeting of Coffee, Tea and Camaraderie will not meet on April 23.

Retirement Celebrations. Plans are taking shape for Gloria Dei to celebrate and thank the ministries of two soon-to-be-retired staff members. And while their retirements are still weeks away, there are some things you can do now.

- **Join Pr. Lois Pallmeyer and Gloria Dei Friends** on Sunday, May 18, after the second service in the Fellowship Hall to celebrate her retirement after 26 years with Gloria Dei. A potluck and pie celebration program is being planned, and more details will be announced in the coming weeks. If you would like to contribute to a retirement gift, go to tinyurl.com/gdLOISGIFT to give digitally or put cash or check in the offering plate or the church office in an envelope that is clearly marked "Pr. Lois Retirement Gift." You are also invited to send well wishes and cherished memories to Pastor Lois, go to tinyurl.com/gdLOISNOTE.
- **Join Music Director Tim Strand and Gloria Dei friends** on Sunday, June 22, after the second service in the Fellowship Hall to celebrate his 16 years of musical ministry as he retires. A potluck and dessert celebration program is being planned, and more details will be announced in the coming weeks. If you

would like to contribute to a retirement gift, go to tinyurl.com/gdTIMGIFT to give digitally or put cash or check in the offering plate or the church office in an envelope that is clearly marked "Tim Strand Retirement Gift." You can send well wishes to Tim by going to tinyurl.com/gdTIMNOTE.

- **We Will Celebrate Office Coordinator Karen Earhuff's August Retirement** with events later in the summer. Watch for more information in a few months.

Thursday Writing Class. The spring session of *In Your Own Words, Contemplative Writing as a Spiritual Practice* is now underway. Come to write, to listen, to sit in silence and find community. Come to grow towards the person God created you to be, as you deepen your awareness of God. Come to develop a spiritual practice. Come to discover what is yours to do in the midst of change. No writing experience needed. Membership at Gloria Dei not required. All are welcome. The group gathers Thursdays, 10:30 a.m.-noon in the Mississippi Room. To register and receive the spring schedule, email Nancy Agneberg nagneberg48@gmail.com. If you or someone you know is unable to attend in-person, but would like to receive the weekly writing prompts, email Nancy.

Synodical Women's Convention. The 36th annual St. Paul Area Synodical Women's Convention will be held on Saturday, May 3, at Holy Cross Lutheran Church in Oakdale. This year's theme is "Rejoice in Hope" from Romans 12:12. This is a time to renew friendships and make new friends, to be inspired by speakers and workshops that revitalize us in our faith. For information regarding the convention and how to register, contact Sue Long at 651-331-1015 or by email at rd.sa1720@gmail.com.

Social Justice and Outreach

Immigrant Kitchen Supplies. The Immigrant Justice Team and Gloria Dei Youth invite you to donate kitchen essentials for local immigrant families. The goal is to collect basic kitchen items to supply two families. Purchase items

from the list and drop it off at the Minnesota Room on Sundays, May 4 and 11, 8 to 10:45 a.m., or Wednesday, May 7, 6 to 6:30 p.m. Go to tinyurl.com/gdKITCHEN to see the list and indicate what you will be donating.

Second Offering for Teen Homelessness.

April's Second Offering will go to Lutheran Social Services Metro Homeless Youth Programs. LSS estimates that more than 6,000 youth experience homelessness on any given night in Minnesota. Go to tinyurl.com/gdLSSHOMELSS to learn about programs it offers to support those young people. You can give digitally anytime at tinyurl.com/gd2NDOFF25 or by putting a check in the offering plate with "Second Offering" written on the memo line.

LSS Benefit for Youth. Lutheran Social Service of MN (LSS) has a long history of service to youth who are without a home and in need of shelter, support and guidance. Please join us Tuesday, May 6, at 5:30 p.m. at Quincy Hall, 1325 Quincy St. NE, Minneapolis, for the Benefit for Youth event. There will be an opportunity to offer financial support. Tickets are \$25 to help with the meal cost and can be purchased at lssmn.org/metro25 by April 24. Questions? Contact Mark and Mary Peterson, LSS Ambassadors for Gloria Dei, at 651-247-3425.

Health and Healing

Caregiving Workshop: Lyngblomsten is offering a free workshop on Saturday, April 26, 10-11:30 a.m., called "The Alzheimer's Journey: Navigating So Many Goodbyes." It is facilitated by KARE 11's Karla Hult, pairing the latest news and research with a deeply compassionate look at the caregiving experience. Register at tinyurl.com/gdCAREGIVE25. Email questions to aquick@lyngblomsten.org or call 651-515-1726. Lyngblomsten has respite care and support groups to support families affected by Alzheimer's and related dementias. Learn more at www.Lyngblomsten.org.

Mental Health this Month. April is Stress Awareness Month and Counseling Awareness Month, and those two topics go together well. National Stress Awareness month is about recognizing negative stress, understanding how it affects health and learning how to manage it. Getting enough

sleep and physical activity, meditation and prayer, hobbies like knitting, painting or drawing are some of the ways to manage stress. Sometimes when the stress is severe or prolonged, it is important to get professional help to keep the issue from getting too big. Counseling can be one of those effective tools. Counseling can help people learn skills and strategies to use for managing stress when you can anticipate a major life change. Having a caring listener can help make tough decisions, offer comfort, validate feelings and experiences, aid recovery from illness, trauma, broken or damaged relationships, and can build resilience and coping. Everyone experiences stress, and when we are able to deal with it in a positive way it can lead us to grow and develop new skills. To learn more about stress management and counseling, check with your health care provider or go to: www.NAMI.org.

More Ways to Assist with Facilities and Administration

In addition to the activities noted above, join Gloria Dei friends in one of these other ways be involved in Facilities and Administration.

- **Library Volunteers** help readers check out library materials Sunday mornings from 9 to 11 a.m. and Wednesday evenings during the school year, 5-7:30 p.m. Contact Joan Kallas, jikallas@comcast.net.
- **Facilities Committee** meets monthly. For more info email Alan Howell, alan.howell@mspmac.org.
- **Art Committee** prepares art shows in the Gallery and also maintains and rotates displays of art in other parts of the church. Contact Liz Knutson, lizknutson80@gmail.com or Mona Ahlf, mona.ahlf@yahoo.com.
- **Landscape Gardening Team** maintains the foundation plantings and perennial gardens on the grounds. Contact Bruce Agneberg, agnebergb48@gmail.com.
- **Shared Ministry Committee** meets monthly to coordinate gift, passions and interests inventories shared with congregation members

to connect to volunteer opportunities. Contact Carol Engel, cjengel626@comcast.net.

Next week: More ways to help with Worship. See all Gloria volunteer opportunities at gloriadeistpaul.org/volunteer.

Gloria Dei News. To receive our weekly eNews email and other emails, please contact the church office, office@gloriadeistpaul.org. You can also visit our website for news and other messages about our ministries and programs at gloriadeistpaul.org/news.

To receive our weekly prayer list email, please sign up online bit.ly/PrayerListEmail. On Friday mornings, you'll receive an email that lists our brothers and sisters who have requested our prayers. You can opt out at any time.

Submit Gloria Dei news and events by noon on Mondays. Please use the online form at gloriadeistpaul.org/News. Your submission goes to the communications staff.

Reserve a room for a Gloria Dei-sponsored meeting or event through this online form: bit.ly/RoomRequestGDLC. Your submission goes to the office staff. If you have any questions, please contact Office Coordinator Karen Earhuff office@gloriadeistpaul.org.

Try our Technology for Improved Sound in the Sanctuary. Upgraded technology helps us support individual sound needs. All you need is a smartphone with Wi-Fi capability and earphones, or your hearing device or cochlear implant. Download the Listening Technologies "Listen Everywhere" free app and connect to the dedicated Gloria Dei Wi-Fi (network: Gloria Dei AV System, password: GloriaDeiAV3014). Plug in your earphones, or connect your hearing device with Bluetooth, and launch the app. If you have any questions, please talk with an usher on Sunday mornings. Learn more on the Listening Technologies website, listentech.com listeneverywhere. After you have used the Listen Everywhere app once, you should be able to easily connect the next time.

Mission Statement

By God's grace, we are called to be a caring, healing and welcoming community who proclaim and celebrate the love of Jesus Christ, live as God's servants and seek justice for all people.

Our Guiding Principles

- Rooted in **Christ**, we worship with meaning and relevance.
- Rooted in **Generosity**, we share our resources and our building.
- Rooted in **Compassion**, we serve and advocate.
- Rooted in **Justice**, we acknowledge privilege and combat racism.
- Rooted in **Love**, we build intentional and diverse relationships.
- Rooted in **Beauty**, we seek transformation through music and art.

Gloria Dei Staff

Pastor Bradley E. Schmeling, Senior Pastor
Pastor Lois Pallmeyer, Associate Pastor
Pastor Jodi Houge, Associate Pastor
Ashley Greenwood, Deacon of Youth and Family
Faith Formation
Kyrstin Schwartz, Children's Ministry Director
Timothy Strand, Music Director
Dennis Friesen-Carper, Director of Instrumental
Ensembles and Composer in Residence
Jill Stewart, Parish Nurse
Greg Henderson, Finance & Administration Director
Tadhg Ferris Wayne, Director of Worship
Technologies
Thor Carlson, Communications and Technology
Coordinator
Karen Earhuff, Office Coordinator
Jazz Vogel, Bookkeeper
Doug Wakefield, Facilities Manager

Contact Us

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www.GloriaDeiStPaul.org

Welcome Statement

All are welcome at Gloria Dei. We rejoice that diversity has enriched, nurtured and challenged the life and ministry we share as members of the body of Christ and workers in the kingdom of God. We believe that the gospel is God's gift to all people, to be shared unconditionally, without regard to age, race, ethnicity, national origin, gender, sexual orientation, gender identity or expression, family configuration or relationship status, socio-economic status, mental health status, or physical or mental abilities. We strive to be a more inclusive and anti-racist community. We know that the world is often an unloving place and that the experience of alienation is all too common. To those who have felt excluded here or elsewhere, we extend a particular welcome in Christ's love.

Land Acknowledgment Statement

Gloria Dei Lutheran Church recognizes that its building stands on traditional Dakota land near Bdote Mni Sota, the confluence of the Minnesota and Mississippi rivers, the center of creation for Dakota people and also sacred to Ojibwe. The congregation acknowledges that this land was taken from Indigenous people by exploitation and violence. Given the deep significance of this sacred ground, as well as its painful history, the congregation recognizes its responsibility to use this land, its building and mission for the work of reconciliation and healing with Native people. The congregation repents of this injustice that continues to harm Native communities and pledges to work for justice, peace and the wellbeing of all creation.

Let the Children Come

Children are the church of the present and the future, and Gloria Dei welcomes them in worship along with their giggles, wiggles and questions. They learn to worship as they see, hear, feel and even smell the Sanctuary during worship. They learn about worship when they watch their household and others sing, pray, participate and give offerings. They learn about community when we smile at them, learn their names and share the Peace of the Lord. We invite you to share our Worship Activity Bags Center with them (just outside the Narthex). When they need a bit more space, we provide a coloring table and toys in the Gathering Place.