

### Holy Communion Sundays at 8:15 & 10:45 a.m.

10:45 a.m. live on YouTube

### Welcome to Worship at Gloria Dei!

Welcome to worship at Gloria Dei. Wherever you are in your journey of faith, you are welcome here. Every Sunday, the body of Christ gathers in this sanctuary to hear God's word of unconditional grace, share a meal of mercy and forgiveness and is then sent into the world to follow Jesus with peace, compassion and justice. Thank you for joining our mission. Please let us know how we can assist you in being at home with us.

# Parish Announcements - May 19, 2024

## Worship and Music & Art

See the Fire Today. Join us on the front lawn between services from 9:45-10:15 a.m., for a Pentecost fire celebration. Fire dancers from Insphyre Performance will wow all ages as we celebrate the coming of the Holy Spirit. While a limited number of chairs will be provided, you might want to bring your favorite lawn chair or blanket and enjoy the show.

Summer Worship Schedule Starts May 26. Summer worship hours will begin Memorial Day weekend on Sunday, May 26, when services times will be at 8:15 and 10 a.m.

June Organ Recitals Return. Back by popular demand, next month will feature the *Fridays at Noon in June Organ Recitals*. These 30-minute organ recitals will feature our beautiful Letourneau pipe organ and will be followed by fellowship over cookies and lemonade in the Gathering Place. Come and enjoy some beautiful music and hear a variety of talented performers!

- June 7 -- Sr. Stacie Lightner, Cantor, St. Paul -Reformation Lutheran Church
- June 14 -- David Lim, Organist/Choirmaster, St. John's in the Wilderness Episcopal Church, White Bear Lake

- June 21 -- Timothy Strand, Director of Music, Gloria Dei Lutheran Church, and Kurt Claussen, soprano saxophone, adjunct instructor in saxophone, St. Olaf College
- June 28 -- Nils Halker, Organist, St. Clement's Episcopal Church, St. Paul

The Glory of God in Creation. On Sunday, June 2, the first Sunday of the "green season," we will dedicate a new set of paraments and vestments that was designed and created for Gloria Dei by artist Kristen Gijle, www.kristengilje.com/. Members of the worship committee began meeting with Kristen two years ago to imagine a way of decorating the church that highlights the gift of God's grace, made known to us in the creation. Gilje paints on silk and used native Minnesota flowers, plants, and waters, to create beauty for the sanctuary. She was influenced by the confluence of the Mississippi and Minnesota at Bdote, sacred ground for the Dakota. The altar parament is designed to change and deepen throughout the summer and fall. Gilje will be at Gloria Dei on June 2 for the dedication and will present her work and describe the process between the services, 9:20-9:50 a.m. Join us for treats and the presentation.

#### **Faith Formation**

Faith & Science Meets May 23. The next meeting of the Faith & Science Group will focus on "The End of Materialism" on Thursday, May 23, 7 p.m in the Mississippi Room. It will be in-person only. Many people in the scientific community believe that every aspect of the universe can be described in physical terms, the interactions of matter and energy. This is in sharp contrast to the Christian view whereby material existence is a subset of a much greater spiritual reality under the domain of God. Which view is more reasonable? This question should make for an interesting discussion. Email Ron Felt at ronfelt118@comcast.net to learn more or ask questions.

Sign Up for River Cruise. Join us for a fun summer boat ride on the Mississippi River to renew friendships and build new ones in our Gloria Dei community. We will cruise on the *Betsey Northrup* riverboat on Friday, July 12, from 7-9 p.m. Boarding starts at 6:30 p.m. on Harriet Island near downtown St. Paul. All ages are encouraged to come. Pricing is \$16 adults, \$15 seniors, \$11 ages 3-17 and free for children 2 and under yet still requiring a reservation. Seats are filling fast so please register and pay by Thursday, June 20. After that date, unreserved tickets will be returned to the vendor. Go to *gloriadeistpaul.org/elementor-19914/* to register.

#### Today is the Final Day for VBS Registration.

Has the warming weather gotten you into a Vacation Bible School mood? Gloria Dei's Vacation Bible School, scheduled for June 24-27, can take more students and needs more volunteer helpers. We are partnering with Camp Onomia this summer. The ELCA camping organization will send its counselors to Gloria Dei for the week to help provide programming. One of the many benefits is that partnering with the camp will allow our volunteers to be more focused on relationship building and less on logistics. It also allows us to offer all-day programming for elementary students. VBS will take place Monday, June 24, to Thursday, June 27, with these hours:

- PreK: 9-11:30 a.m.
- Elementary: 9 a.m.-3 p.m. (with an optional extension until 5 p.m.)
- Register at tinyurl.com/gdVBS2024.

Celebrating Graduation. Gloria Dei wants to celebrate your graduation! Please send an update with information of your graduation, where you are graduating from, plans for what's next and any information you wish to share. Include a photo. Email your information to Deacon Ashley at ashley@gloriadeistpaul.org by June 1. Anything you wish to share will be highlighted in worship on Sunday, June 9.

Take Me Out to a Ball Game. Let's share in fellowship and have fun cheering on the Minnesota Twins and the St. Paul Saints on group outings this summer. We will be attending the Saints game on Tuesday, July 23, at 7:07 p.m. Tickets are \$20. Deadline is June 26. Then in August, we will attend a Twins game on Saturday, August 10, at 6:10 p.m. Tickets are \$48. Deadline is July 8. Transportation isn't provided, but we can help organize carpools if needed. It is very helpful if people sign up early in the summer.

- Get Saints tickets at tinyurl.com/ gdSAINTS24.
- Get Twins tickets at *tinyurl.com/ gdTWINS24*.

A Time for Beer and Cheer. Looking for a way to reconnect with longtime friends at church and to meet new ones? Come to Wandering Leaf Brewing Company, 2463 7th St. W., St. Paul, on Sunday, June 9, from 5-7 p.m. Alcoholic and non-alcoholic beverages are available, along with snacks. The focus is on deepening community ties within the congregation. Lots of free parking, too!

Wilderness Canoe Camp Aug. 7-10. Gloria Dei folks are invited to join Pastor Russ Myers and Pilgrim Lutheran Church on an intergenerational opportunity at Wilderness Canoe Base, north of Grand Marais. We invite you to explore, adventure and have fun together all in the comforts of Camp Wapo's base camp. This is a congregation-wide event, with

grandparents and grandchildren, or families of any configuration, welcome. Summer activities include canoe excursions into the Boundary Waters, nature hikes, campfires, swimming, arts and crafts, sauna lake jumps and so much more. Activities are guided by trained staff and can be modified based on experience levels. Gloria Dei families are invited to join Pilgrim Lutheran Church in this exciting voyage! If you are interested, russellnmyers@yahoo.com or register at tinyurl.com/gdCANOECAMP.

#### Social Justice and Outreach

Giving Garden is Starting Up. It's garden season! Gloria Dei uses our raised garden beds to grow fresh produce for Francis Basket Food Market, a nearby food shelf. The work, when shared by volunteers, is fairly simple. Using the link below, you sign up for a week (or more, if interested) to tend to the garden boxes and harvest food. You can bring items directly to Francis Basket or leave them in the church kitchen for others to deliver. The sign-up sheet contains more details about the effort. Go to gloriadeistpaul.org/ elementor-19954/ to learn more and register to help. We need multiple volunteers to choose a bed, clean out weeds and plant beds by June 2. The first week for sign up has 11 spots waiting to be filled. Laurie Possin will be doing some initial prep work on Saturday, May 25, from 8-9 a.m. if any are interested in joining. For questions, contact Laurie at 651-295-4902 or lpossin@comcast.net.

May's Second Offering is going toward Beacon Interfaith Housing Collaborative, which is made up of over 100 Twin Cities area faith communities that develop deeply affordable, supportive and sustainable housing and advocate to end homelessness in Minnesota. The Gloria Dei Beacon Team is involved by reaching out to elected officials to encourage them to champion legislation like Bring It Home, MN to remove barriers that prevent people from finding a home. The in-service collection has been taken, but any time before the end of the month, you can give online at tinyurl.com/gdBEACON2OFF or drop off a check to the church office with "second offering" in the memo line. So far, \$1,846 has been collected for Beacon.

Help Mt. Zion with Faithful Hospitality. Each night during the month of June, Mount Zion Temple will be hosting six families for overnight shelter through Faithful Hospitality, similar to the former Project Home model. Gloria Dei members are invited to be overnight hosts in June, and Mt. Zion will provide assistance to us when we host families during the month of October. The families are asylum-seekers, mostly from Latin American countries. Many have recently crossed the southern border, seeking safety from violence and freedom from privation. All of our guests have legal status to reside in the United States. It's easy to sign up and easy to help. Follow this link, *tinyurl.com*/ gdMTZIONHELP, to the registration form and information about dates, timing, responsibilities, training and more. Questions? Please reach out to Michael Tortorello of Mount Zion at mountzionshelter@gmail.com

#### Learn About a Fall 2024 Trip to Guatemala.

Gloria Dei is planning a trip to Guatemala to visit our church partners in Guatemala City and San Lucas Toliman from Oct. 25 through Nov. 4, 2024. Please join us at one of our information sessions to learn more details about the trip after the second service today in Fellowship Hall. If you can't attend but have questions, you can email Julie Printz at *jprintz123@gmail.com*. Go to tinyurl.com/gdGUAT24 to fill out a form to express your interest in joining the trip whether you can or can't attend the information sessions.

Celebrating AAPI Heritage. St. Anthony Park Lutheran Church (2323 Como Av.) will be hosting a special event to uplift the contributions of Asian American/Pacific Islander (AAPI) persons to the ministries of the ELCA and greater church. It will take place Thursday, May 23, 5 to 8 p.m. with a program at 7. The event will include food, music and cultural learning. For more information, email jennluong426@gmail.com.

Help Serve Project Home Meal. Gloria Dei is serving the meal at the Project Home family homeless shelter, on Sunday, June 16. Although this is Father's Day, often a family day, we could use a couple more volunteers from 4:15-6:15 p.m. Register at tinyurl.com/gdPROJHOME624/ or email mariehanson63@gmail.com. It's easy to learn, and experienced volunteers are also serving. Thank you for volunteering!

- **3 Summer Food Packing Events.** Anyone age 5 and older is invited to serve together with others from Gloria Dei at Feed My Starving Children in Eagan this summer. We will help pack food bags that will be shipped all around the world. Children should be accompanied by an adult. This event is free but consider bringing a donation for Feed My Starving Children. You can help pay for a child to eat for a year for \$88. The three packing events are:
- Wednesday, June 12, 9:30-11:15 a.m.
- Tuesday, July 30 from noon-1:45 p.m.
- Monday, August 19 from 5-6:30 p.m. Register for any of the events at *tinyurl.com/gdFMSC24*.
- 4 Things Affecting Mental Health. Take a spring plant walk with staff from Dream of Wild Health (DWH) at the Eloise Wildflower Garden in Minneapolis, Tuesday, May 21, 1-3 p.m. This is an opportunity to connect and learn with DWH, the Indigenous farming program to which Gloria Dei has been providing reparations support. RSVP to Kateri@dreamofwildhealth.org.

# **Health and Healing**

Simple Starts to Addressing Mental Health.

Relationships or the pressures of performing at work or school are things we all know have an impact on mental health. But sometimes it's less obvious when the world around you is what's causing problems. Whether you realize it or not, one or several of the following four things can affect your mental health in some way right now:

- Current events
- Loneliness
- Technology
- Social drivers

What can you do if the world is weighing on you?

- Find your support system
- Set tech limits/boundaries
- Change what you can
- Find healthy coping skills

Go to *tinyurl.com/gdMH51924* to read the full article.

Conference for Memory Care Caregivers. The University of Minnesota is hosting a free hybrid Caring for People with Memory Loss Conference on Saturday, June 1. Join experts in a lively, informative discussion related to memory loss, caregiving tips, and what you can do to help. The goal of this conference is to provide information, support, and education for adult children, spouses, parents, health and community care providers and others concerned with caring for people with memory loss. The conference is free and open to the public. The event runs from 8 a.m. to 4:30 p.m. in a hybrid format. Join virtually via Zoom or attend in-person at the McNamara Alumni Center, 200 Oak St. SE, Minneapolis. Register at tinyurl.com/ gdMEMORYC.

# Stewardship and Giving

Fresh Altar Flowers are a Click Away. We appreciate everyone who provides altar flowers to beautify our Sunday worship. Purchasing flowers online is quick and easy. They can be purchased for \$65. Go to tinyurl.com/gdFLOWERS24 and follow the instructions to order flowers for a specific week to commemorate a special occasion or just to brighten worship. And you're always welcome to stop by the church office to make arrangements in person, too.

# Ways to Help with Faith Formation

In addition to the activities noted above, join Gloria Dei friends in one of these other ways to assist in Faith Formation.

- Men's Book Group meets monthly on a Saturday at 8:30 a.m. Find the meeting dates and book list on our website at tinyurl.com/gdMENBOOK. Contact email stendahl1817@gmail.com.
- Children and Family Programs help with Sunday morning opportunities with our younger learners. Get more info by emailing kidsministry@gloriadeistpaul.org.
- Confirmation Mentors meet one-on-one on average monthly with 9th and 10th graders to foster their faith formation. Email ashley@gloriadeistpaul.org to learn more.

- Good News 4U Bible Study meets on Mondays at 10 a.m. in the church. Email renaas@comcast.net with questions.
- Contemplative Writing as a Spiritual Practice meets Thursdays, 10:30 a.m.-noon. Email nagneberg48@gmail.com to learn more.
- **Soul Food** meets Wednesdays, 9:30-11 a.m., discusses books from a faith perspective. More info at gdSOUL23@tinyurl.com; email prlois@gloriadeistpaul.org to be included.
- **Faith & Science,** meets on the fourth Thursday of the month. Email *ronfelt118@comcast.net* for more information.

**Next week:** More ways to help with Worship. See all Gloria Volunteer Opportunities at: gloriadeistpaul.org/giving/volunteer/

Lost and Found. Hats, scarves, gloves and water bottles are just some of the things that have accumulated in Gloria Dei's lost and found. The items are on a table in the hallway near the office and will be there until tomorrow. Take a look. Something you lost may be there. Remaining items will be donated to a local charity.

Gloria Dei News. To receive our weekly eNews email and other emails, please contact the church office (office@gloriadeistpaul.org). You can also visit our website for news and other messages about our ministries and programs at gloriadeistpaul.org/news.

To receive our weekly prayer list email, please sign up online bit.ly/PrayerListEmail. On Friday mornings, you'll receive an email that lists our brothers and sisters who have requested our prayers. You can opt out at any time.

Submit Gloria Dei news and events by noon on Mondays. Please use the online form at *gloriadeistpaul.org/News*. Your submission goes to the communications staff.

Reserve a room for a Gloria Dei-sponsored meeting or event through this online form: bit.ly/RoomRequestGDLC. Your submission goes to the office staff. If you have any questions, please contact Office Coordinator Karen Earhuff office@gloriadeistpaul.org.

Try our Technology for Improved Sound in the Sanctuary. Upgraded technology helps us support individual sound needs. All you need is a smartphone with Wi-Fi capability and earphones, or your hearing device or cochlear implant. Download the Listening Technologies "Listen Everywhere" app (free app), and connect to the dedicated Gloria Dei Wi-Fi (network: Gloria Dei AV System, password: GloriaDeiAV3014). Plug in your earphones, or connect your hearing device with Bluetooth, and launch the app. If you have any questions, please talk with an usher on Sunday mornings. Learn more on the Listen Technologies website (listentech.com listeneverywhere). Once you have used the Listen Everywhere app once, you should be able to easily connect the next time.

#### **Mission Statement**

By God's grace, we are called to be a caring, healing and welcoming community who proclaim and celebrate the love of Jesus Christ, live as God's servants and seek justice for all people.

### **Our Guiding Principles**

- Rooted in Christ, we worship with meaning and relevance.
- Rooted in Generosity, we share our resources and our building.
- Rooted in Compassion, we serve and advocate.
- Rooted in Justice, we acknowledge privilege and combat racism.
- Rooted in Love, we build intentional and diverse relationships.
- Rooted in Beauty, we seek transformation through music and art.

### Gloria Dei Staff

Pastor Bradley E. Schmeling, Senior Pastor Pastor Lois Pallmeyer, Associate Pastor Pastor Jodi Houge, Associate Pastor Kyrstin Schwartz, Children's Ministry Director Ashley Greenwood, Deacon of Youth and Family Faith Formation

Timothy Strand, Music Director
Dennis Friesen-Carper, Director of Instrumental
Ensembles and Composer in Residence
Jill Stewart, Parish Nurse
Beverly Sargent, Finance & Administration Director
Tadhg Ferris Wayne, Director of Worship

Thor Carlson, Communications and Technology Coordinator

Karen Earhuff, Office Coordinator Jazz Vogel, Bookkeeper Clayton Gardner, Building Supervisor Johnny Alexander, Custodian

#### **Contact Us**

651-699-1378 700 Snelling Ave. S. Saint Paul, MN 55116 office@gloriadeistpaul.org www.GloriaDeiStPaul.org

Technologies

#### **Welcome Statement**

All are welcome at Gloria Dei. We rejoice that diversity has enriched, nurtured and challenged the life and ministry we share as members of the body of Christ and workers in the kingdom of God. We believe that the gospel is God's gift to all people, to be shared unconditionally, without regard to age, race, ethnicity, national origin, gender, sexual orientation, gender identity or expression, family configuration or relationship status, socio-economic status, mental health status, or physical or mental abilities. We strive to be a more inclusive and anti-racist community. We know that the world is often an unloving place and that the experience of alienation is all too common. To those who have felt excluded here or elsewhere, we extend a particular welcome in Christ's love.

### **Land Acknowledgment Statement**

Gloria Dei Lutheran Church recognizes that its building stands on traditional Dakota land near Bdote Mni Sota, the confluence of the Minnesota and Mississippi rivers, the center of creation for Dakota people and also sacred to Ojibwe. The congregation acknowledges that this land was taken from Indigenous people by exploitation and violence. Given the deep significance of this sacred ground, as well as its painful history, the congregation recognizes its responsibility to use this land, its building and mission for the work of reconciliation and healing with Native people. The congregation repents of this injustice that continues to harm Native communities and pledges to work for justice, peace and the wellbeing of all creation.

#### Let the Children Come

Children are the church of the present and the future, and Gloria Dei welcomes them in worship along with their giggles, wiggles and questions. They learn to worship as they see, hear, feel and even smell the Sanctuary during worship. They learn about worship when they watch their household and others sing, pray, participate and give offerings. They learn about community when we smile at them, learn their names and share the Peace of the Lord. We invite you to share our Worship Activity Bags Center with them (just outside the Narthex). When they need a bit more space, we provide a coloring table and toys in the Gathering Place where the worship service shows on an LED screen. Our Nursery is available to use during worship (ushers can help you find it).